

## ARITHMETIC PROGRESSIONS IN SPARSE SUMSETS

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### Abstract

In this paper we show that sumsets  $A + B$  of finite sets  $A$  and  $B$  of integers, must contain long arithmetic progressions. The methods we use are completely elementary, in contrast to other works, which often rely on harmonic analysis.

*—Dedicated to Ron Graham on the occasion of his 70<sup>th</sup> birthday*

### 1. Introduction

Given a set  $C$  of an additive group  $G$ , we let  $L(C)$  denote the length of the longest arithmetic progression in  $C$ , where given the arithmetic progression  $a, a + d, a + 2d, \dots, a + (k - 1)d$  of distinct elements in  $G$ , we define the length of this progression to be  $k$ .

One of the main focuses in combinatorial (and additive) number theory is that of understanding the structure of the sumset  $2A := A + A = \{a + b : a, b \in A\}$ , given certain information about the set  $A$ . For example, one such problem is to determine  $L(2A)$ , given

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that  $A \subseteq [N] := \{1, 2, \dots, N\}$  and  $|A| > \delta N$ , for some  $0 < \delta \leq 1$ . The first major progress on this problem was due to J. Bourgain [1], who proved the beautiful result:

**Theorem 1** *If  $A, B \subseteq [N]$  and  $|A| = \gamma N$  and  $|B| = \delta N$ , then for  $N$  large enough,*

$$L(A + B) > \exp[c(\gamma\delta \log N)^{1/3} - \log \log N],$$

*for some constant  $c$ .*

Then, I. Ruzsa [7] gave a construction, which is the following theorem:

**Theorem 2** *For every  $\epsilon > 0$  and every sufficiently large prime  $p$ , there exists a symmetric set  $A$  of residues modulo  $p$  (i.e.  $A = -A$ ) with  $|A| \geq p(1/2 - \epsilon)$ , such that*

$$L(2A) < \exp((\log p)^{2/3+\epsilon}).$$

A simple consequence of this theorem is that for  $N$  sufficiently large, there exists a set  $A \subset [N]$  with  $|A| > (1/2 - \epsilon)N$ , such that

$$L(2A) < \exp((\log N)^{2/3+\epsilon}),$$

which shows that the  $1/3$  in Bourgain's result cannot be improved to any number beyond  $2/3$ .

In a recent paper, B. Green [4] proved the following beautiful result, which improves upon Bourgain's result above, and is currently the best that is known on this problem:

**Theorem 3** *Suppose  $A, B$  are subsets of  $\mathbb{Z}/N\mathbb{Z}$  having cardinalities  $\gamma N$  and  $\delta N$ , respectively. Then there is an absolute constant  $c > 0$  such that*

$$L(A + B) > \exp(c((\gamma\delta \log N)^{1/2} - \log \log N)).$$

There are also several other papers which treat the question of long arithmetic progressions in sumsets  $A + A + \dots + A$ , such as [3], [5], [6], [9], [10], [11], and [12].

In this paper we give a proof of a result, which shows that sumsets  $2A$  have long arithmetic progressions when  $A \subseteq [N]$  has only  $N^{1-\theta}$  elements (the length of the longest progression will depend on  $\theta$ ). This result is stronger than those given in the above theorems of Bourgain and Green when  $|A|, |B| \ll N(\log N)^{-1/2}$ ; however, when  $|A|, |B| > N(\log N)^{-1/2+\epsilon}$ , their results give a much stronger conclusion.

First, we need some notation: We define  $\text{odd}(n)$  to be the smallest odd integer that is  $\geq n$ ; so,  $n \leq \text{odd}(n) < n + 2$ . Our first theorem is as follows.

**Theorem 4** *Suppose that  $A \subset \mathbb{Z}$ , and that*

$$|A - A| = C|A|, \text{ and } |A - 2A| = K|A|. \tag{1}$$

*Then,*

$$L(A - A) \geq \text{odd} \left( 2 \frac{\log |A|}{\log K} + 1 \right). \tag{2}$$

$$L(2A) \geq \text{odd} \left( 2 \frac{\log(C^{-1}|A|)}{\log(CK)} + 1 \right). \tag{3}$$

$$L(2A) \geq \text{odd} \left( \frac{\log(C^{-1}|A|)}{2 \log C} + 1 \right). \tag{4}$$

A corollary of this theorem is as follows:

**Corollary 1** *For every odd  $k \geq 1$  and  $N$  sufficiently large, if*

$$A \subseteq [N], \text{ and } |A| \geq (3N)^{1-1/(k-1)},$$

*then  $L(2A) \geq k$ .*

*Also, if*

$$A, B \subseteq [N], \text{ and } |A||B| \geq 6N^{2-2/(k-1)},$$

*then  $L(A + B) \geq k$ .*

To compare this result with those of Bourgain and Green, we note that when  $|A|, |B| \gg N$ , then Green's result gives that  $A + B$  contains a progression of length  $\exp(c(\log N)^{1/2})$ , for some constant  $c$ , whereas the authors' result above gives only  $\Omega(\log N)$ . So, in this range, both Green's and Bourgain's results are much stronger than Theorem 4 and its corollary; however, when  $|A|, |B| \ll N/\sqrt{\log N}$ , then Green's result does not give a non-trivial bound on the length of the longest arithmetic progression in  $A + B$ , whereas the result above gives that  $A + B$  contains a progression of length  $\Omega((\log N)/\tau \log \log N)$  when

$$|A|, |B| \gg \frac{N}{\log^\tau N},$$

for any  $\tau > 0$ . Another point is that in Theorem 4 and its corollary, the arithmetic progressions produced contain 0, whereas the arithmetic progressions in Green's result do not.

We also have a construction of sets  $A$  such that  $2A$  has no long arithmetic progressions. This construction is the following theorem:

**Theorem 5** *For every  $\epsilon > 0$ , there exists  $0 < \theta_0 \leq 1$  so that if  $0 < \theta < \theta_0 \leq 1$ , then there exist infinitely many integers  $N$  and sets  $A \subseteq [N]$  with  $|A| \geq N^{1-\theta}$ , such that*

$$L(2A) < \exp(c\theta^{-2/3-\epsilon}),$$

where  $c > 0$  is some absolute constant.

The rest of the paper is organized as follows: In the next section we will present some open problems on arithmetic progressions in sumsets; and, in the last section, we will give proofs of all the theorems listed above.

## 2. Open Questions

From Theorem 5 and Corollary 1 we deduce that for every  $\epsilon > 0$  and  $0 < \theta < 1$  sufficiently small,

$$\frac{2}{\theta} + O(1) < \min_{\substack{A \subseteq [N] \\ |A| \geq N^{1-\theta}}} L(2A) < \exp(c\theta^{-2/3-\epsilon}). \tag{5}$$

This brings us to the following, difficult problem:

**Problem 1.** What is the true size of  $\min_{A \subseteq [N], |A|=N^{1-\theta}} L(2A)$  ?

Another way to look at problems concerning arithmetic progressions is to fix the length  $k$  of the progression, and to determine the parameter  $\theta$  guaranteeing a  $k$ -term arithmetic progression. This problem (which is just a restatement of Problem 1) is as follows:

**Problem 2.** Fix  $k \geq 1$ . Given  $N$ , determine the largest  $\theta \in (0, 1)$  such that if  $A \subseteq [N]$  satisfies  $|A| \geq N^{1-\theta}$ , then  $L(2A) \geq k$ .

One can interpret (5) as saying that this largest  $\theta = \theta(N)$  satisfies

$$\frac{2}{k} \ll \theta \ll_{\epsilon} \frac{1}{(\log k)^{3/2-\epsilon}}.$$

for all  $N$  sufficiently large.

In the case  $k = 3$  we have from Corollary 1 that if  $|A| > N^{1-\theta}$ ,  $A \subseteq [N]$ , and  $\theta > 1/2 + O(1/\log N)$ , then  $2A$  contains a three-term arithmetic progression. On the other hand, if  $A$  is a  $B_4$  set, which is a set containing no non-trivial solutions to

$$x_1 + x_2 + x_3 + x_4 = x_5 + x_6 + x_7 + x_8, \quad x_1, \dots, x_8 \in A,$$

then  $2A$  contains no three-term progressions, since in particular it contains no solutions to

$$(x_1 + x_2) + (x_3 + x_4) = 2(x_5 + x_6).$$

Now, it is known from [2] that  $B_4$  sets with more than  $N^{1/4}$  elements exist for  $N$  sufficiently large. Thus, we have in the special case  $k = 3$ , in partial answer to Problem 2, the largest  $\theta$  for which  $|A| \geq N^{1-\theta}$  implies  $L(2A) \geq 3$  satisfies

$$\frac{1}{2} + O\left(\frac{1}{\log N}\right) < \theta \leq \frac{3}{4},$$

for  $N$  sufficiently large.

### 3. Proofs of Theorems and Corollaries

*Proof of Theorem 4.*

Define  $m$  to be the largest integer satisfying

$$m < \frac{\log |A|}{\log K} + 1, \tag{6}$$

and assume that (1) holds. Since  $A - A$  is symmetric and contains 0, we have that (2) holds if

$$d, 2d, \dots, md \in A - A, \tag{7}$$

since this would imply that

$$-md, -(m-1)d, \dots, 0, d, \dots, md \in A - A,$$

which has length  $2m + 1$ .

Now, (7) holds if and only if  $d = a_1 - b_1 \in A - A$  and

$$a_{j+1} - b_{j+1} = a_j - b_j + a_1 - b_1, \text{ for } j = 1, \dots, m-1, \tag{8}$$

(Here, all  $a_j - b_j \in A - A$ ) if and only if  $d = a_1 - b_1$  and

$$a_{j+1} - a_j - a_1 = b_{j+1} - b_j - b_1, \text{ for } j = 1, \dots, m-1.$$

If we had two sequences  $a_1, \dots, a_m$  such that the derived sequences  $a_{j+1} - a_j - a_1$  coincide, we have a solution to (8). Now, let  $V$  denote the set of all vectors of length  $m - 1$  given by

$$(a_2 - 2a_1, a_3 - a_2 - a_1, a_4 - a_3 - a_1, \dots, a_m - a_{m-1} - a_1).$$

We note that since each coordinate here lies in  $A - 2A$ , we have from (1) that

$$|V| \leq K^{m-1}|A|^{m-1}.$$

Thus, since there are  $|A|^m$  choices for  $a_1, \dots, a_m$ , we have that (8) has a solution if

$$|A|^m > |V| = K^{m-1}|A|^{m-1};$$

in other words,

$$|A| > K^{m-1}.$$

This inequality holds because  $m$  satisfies (6), and so we have proved (2).

To prove (3), we observe from the Cauchy-Schwarz inequality that

$$\sum_{a,b \in A} |(a - A) \cap (A - b)| = \sum_{n \in A - A} w(n)^2 \geq |A|^4 |A - A|^{-1}.$$

where  $w(n)$  is the number of ways of writing  $n = a - b$ ,  $a, b \in A$ . Thus, from (1) we have that for some  $a, b \in A$  if we let  $B = A \cap (a + b - A)$ , then

$$|B| \geq C^{-1}|A|,$$

and

$$B - B \subseteq 2A - a - b.$$

It follows that

$$|B - 2B| \leq |A - 2A| = K|A| \leq CK|B|,$$

and so

$$\begin{aligned} L(2A) \geq L(B - B) &\geq \text{odd} \left( 2 \frac{\log |B|}{\log CK} + 1 \right) \\ &\geq \text{odd} \left( 2 \frac{\log(C^{-1}|A|)}{\log CK} + 1 \right). \end{aligned}$$

Thus, we have proved (3).

Finally, to prove (4) we apply the following result due to Ruzsa [8, Lemma 3.3].

**Lemma 1** *Suppose that  $A$  is a subset of an additive group  $G$ , and that*

$$|A - A| \leq H|A|.$$

*Then,*

$$|A \pm A \pm A \cdots \pm A| \leq H^t |A|,$$

*where  $t$  is the number of terms here.*

From this lemma, we deduce that if

$$|A - A| \leq C|A|,$$

then

$$|A - 2A| \leq C^3|A|,$$

and so,  $K \leq C^3$  and it follows from (3) that

$$L(2A) \geq \text{odd} \left( \frac{\log(C^{-1}|A|)}{2 \log C} + 1 \right).$$

*Proof of the Corollary 1.*

Since  $A - A$  is a subset of  $\{-N + 1, \dots, N - 1\}$ , which has size  $2N - 1$ , we have that

$$C = \frac{|A - A|}{|A|} < \frac{2}{3}(3N)^{1/(k-1)}. \tag{9}$$

Also, since

$$|2A - A| \leq | \{-N + 2, \dots, 2N - 1\} | < 3N,$$

we deduce

$$K < (3N)^{1/(k-1)}. \tag{10}$$

From (3) we deduce that

$$\begin{aligned} L(2A) &\geq \text{odd} \left( 2 \frac{\log(C^{-1}|A|)}{\log(CK)} + 1 \right) \\ &\geq \text{odd} \left( 2 \frac{\log(3(3N)^{1-2/(k-1)}/2)}{\log(2(3N)^{2/(k-1)}/3)} + 1 + \epsilon \right) \\ &= \text{odd}(k - 2 + \epsilon_1) \\ &\geq k, \end{aligned}$$

where  $\epsilon_1 > 0$  is some constant, and comes from the fact that (9) and (10) are strict inequalities.

For every pair  $(a, b) \in A \times B$  there exists a unique  $t \in [2, 2N]$  such that  $a = t - b$ . Thus,

$$\sum_{2 \leq t \leq 2N} |A \cap (t - B)| = |A||B|,$$

and it follows that there exists an integer  $t$  such that if we set  $D = A \cap (t - B)$ , then

$$|D| \geq \frac{|A||B|}{2N - 1} > 3N^{1-2/(k-1)}.$$

Since

$$D - D + t \subseteq A + B,$$

and since

$$|D - 2D| \leq |[1 - 2N, N - 1]| = 3N - 1 < N^{2/(k-1)}|D|,$$

we have from (2) (applied with the set  $D$ ) that

$$\begin{aligned} L(A + B) \geq L(D - D) &\geq \text{odd} \left( \frac{2 \log |D|}{\log(N^{2/(k-1)})} + 1 + \epsilon_2(k, N) \right) \\ &\geq \text{odd}(k - 2 + \epsilon_2) \\ &\geq k, \end{aligned} \tag{11}$$

where  $\epsilon_2 > 0$  is some constant depending on  $N$  and  $k$ .

*Proof of Theorem 5.*

From Theorem 2 we have that for every  $\epsilon > 0$ , there exists  $0 < \theta < 1$  so that if we let

$$K = \lfloor 10^{\theta-1} \rfloor + 1, \tag{12}$$

then there exists a set  $S \subseteq \{0, \dots, K - 1\}$  satisfying  $|S| \geq (K - 1)(1/2 - \epsilon) > K/5$ , and

$$L(S + S) < \exp((\log K)^{2/3+\epsilon}).$$

Given such a set  $S$ , define  $A$  to be the set of all integers of the form

$$a_0 + a_1(2K) + a_2(2K)^2 + \dots + a_{t-1}(2K)^{t-1}, \text{ where } a_i \in S,$$

where  $t \geq 1$  is arbitrary. Let  $N = (2K)^t$ , and note that  $A, 2A \subset \{0, \dots, N\}$ .

Now, we have that, regardless of what value we choose for  $t \geq 1$ ,

$$|A| \geq \left(\frac{K}{5}\right)^t > (2K)^{t(1-\theta)} = N^{1-\theta}.$$

The last inequality here follows from (12).

We also have that

$$\begin{aligned} L(2A) = L(S + S) &< \exp((\log K)^{2/3+\epsilon}) \\ &< \exp(c\theta^{-2/3-\epsilon}), \end{aligned}$$

for some constant  $c > 0$ .

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